

Prescott Unitarian Universalist Fellowship 945 Rancho Vista Dr., Prescott, AZ 86303 928-778-6672

Nov 3 Sunday 11 am	Spiritual Care for Climate Anxiety and Grief is the topic led by Glenna Hudson using materials from the UU Ministry for Earth. Come prepared to look at our PUUF environment, people affected by climate and our own feelings brought about by the climate crises on our Earth. Music: Kathleen Hess.	
Nov 10 Sunday 11 am	The Stories Behind Our Songs . Join us for a light-hearted service featuring Maria and Henry Flurry as they share their journey of personal and spiritual growth through songwriting. Discover the stories and experiences that have shaped their music and enjoy a performance that reflects their unique perspectives. Come for the songs, stay for the stories.	
Nov 17 Sunday 11 am	Poetry from Juvenile Detention . Join Sue Tone in this interactive program involving poetry inspired by authors Sandra Cisneros and Esther Kamkar. Learn how teen detainees interpreted these poems, then write and share your own. Music by Womansong.	
Nov 24 Sunday 11 am	"People Who Care" is a local non-profit organization of volunteers who assist their neighbors to live independently in their own homes. Now in its 32nd year, Executive Director Jane Harrison will update us on their existing and some new programs planned for this coming year. Music: The Robertson Sisters.	

Caring Network

If you have any needs, such as shopping, running errands, transportation needs, or other help, or if you just need to talk with someone, please call someone from the Caring Network.

Eunice Ricklefs at 928-771-9559

Marion Pack at 928-642-6788

PUUF Facilities Available

PUUF facilities are available for use for small gatherings. Refer to the <u>PUUF web site</u>, <u>https://puuf.net/facility-rentals</u> for rental information.

Board of Trustees meeting will be on December 8, after the service.

PUUF (go to) POINT PERSONS		
Archives/Library: Vacant	Membership: Glenna Hudson	
Building Maintenance: Dale Hudson	Music: Glenna Hudson	
Grounds Maintenance: Al Schober	Caring Committee: <i>Vacant</i>	
Programs: Eunice Ricklefs	Social Action: <i>Vacant</i>	
Facilities Schedule: Mark Mathewson	UUSC: Eunice Ricklefs	
Website: Mark Mathewson	PAWS/PASS: Eunice Ricklefs	
Coming Up @ PUUF/Newsletter: Mark Mathewson, Sue Tone	Hospitality: Debra Mathewson	

We have openings for "Point Person" positions if you are interested please contact a board member, thank you.



Board of Trustees

President

Al Schober 928-925-1938

Vice President

Sue Tone 928-642-7867

Treasurer

Mark Mathewson 509-429-8635

<u>Secretary</u>

Debra Mathewson 509-429-6421

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PUUF Office 928-778-6672

Administration Mark Mathewson 509-429-8635

Coming Up at PUUF Mark Mathewson 509-429-8635

Newsletter Sue Tone 928-445-3162

Facilities Scheduling Mark Mathewson 509-429-8635

> Jerry Matiatos 928-237-8033

Lay Ministers

Glenna Hudson 928-636-4877

Jerry Matiatos 928-237-8033

Discover What Makes Us Unique Featuring this month's remarkable PUUF member

This is a series of newsletter feature articles about PUUF friends and members so we can get to know each other on a deeper more expanded level – before we learn of all the interesting things we wished we knew about before reading the obituary.



This PUUF member spent two days in Scotland a few years ago while visiting England. "I was overwhelmed by 'something' when we crossed the border en route to Edinburgh, and throughout the stay," she said. Years later, she found out through DNA testing that, in addition to her European/Celtic ancestry, she has a high percentage of Scottish descent. "I believe my soul recognized its Scottish home."

Raised with a sister three-and-a-half years older, this person recently found out she has a half-sister six years her senior. This sister was born

when their mother was

18 and put up for adoption. They now live near each other.

She knew as early as kindergarten that she wanted to adopt children herself. "I managed to adopt two, and thoroughly enjoyed being a good mother and mentor to them," she said.

Today, she has 10 loved ones in her household in Mayer. Well, 11 including her husband, Joel.



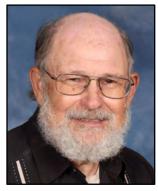
Mystery Guest with her two young sons, Andy, left, and Eric.

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PUUF ACTIVITIES

President's Letter



October was again a warmer month than average. Winter sure is taking its time getting here. The prediction is for a mild winter with less precipitation. The garden is over and it did not do well this year. I think the excessive heat was the culprit.

I have noticed that attendance at out Sunday services is inching upwards! If you haven't been to PUUF in a while, please stop in some Sunday and enjoy the great programs we are having.

Have a nice Thanksgiving everybody, and stay warm. Winter is on its way.



Unitarian Universalist Service Committee (UUSC) Guest at Your Table

UUSC was founded in 1939 to help refugees secretly evacuate from Europe and the oncoming Nazi regimes. They have been working for justice and human rights ever since. Guest at Your Table has been an important part of UUSC and the UU culture since 1975, when it first began. The program made its UUSC debut following a trip made by Warren Salinger, then UUSC institutional advancement director, to the Netherlands. While there, he was inspired by an organization's program **Gast aan Tafel**, which educated supporters about the organization's work, while raising vital funds. The program used colorful boxes that the whole family could take home and enjoy. Salinger immediately began working with UUSC staff to adapt



this idea for use in UU homes nationwide — and now worldwide!

This year is its 50th Anniversary and, today, nearly every UU congregation in the United States, and some around the world, participate in this important tradition. Together, members of these congregations help raise more funds and memberships each year to support UUSC's mission than any other initiative. UUSC is financially independent from the UUA and the federal government. Contributions make up about 60% of UUSC's annual budget.

Guest at Your Table has gone Green! UUSC cares deeply about our environment and, therefore, is reducing the widespread donation boxes. PUUF has two and will only use them during our Sunday Offertory for your donation or loose change. If you wish to write a check, please place UUSC on the information/memo line. Our Guest at Your Table fundraiser will continue through the month of November and the total donation amount will be sent to UUSC in December.

Besides the Guest at Your Table donation, we ask that you also become an individual member of UUSC – You have the power to do so much good! Our address: PO. Box 808, Newark, NJ 07101

UUSC Theme: "Small Change is Big Change"

Even your smallest donation added with other small donations make a Big Change!

PUUF ACTIVITIES

This Month's PUUF Member continued from page 3



From top left, clockwise, are Teddy, Maggie, Fergus, Georgie and Ula (center).



Fritz at the bottom; the pugs are, from left, Abby, Joey and Hugo; and Boston terrier Mina.

Yes, Shasta Guthrie's beloved companions are five cats and five dogs.

"Most people learn, within minutes of meeting me, that I am a HUGE animal lover and advocate," she said. "We always had pets during my years at home – including guinea pigs to hamsters, turtles and fish, parakeets, dogs and cats. As an adult, I eventually became active in rescue work which is my passion and primary avocation still."

As a youngster, Shasta studied ballet, participated in Camp Fire Girls, was a regular library visitor, and attended the symphony and other musical and theatrical events with her parents – even going to one of the first Trekker Conventions with her father. She remains a huge Star Trek fan.

Her religious upbringing included attending Catholic Church with a neighbor/babysitter, visiting a Nazarene Church with other neighborhood friends, and belonging with her family to the First Congregational Church during her grade school years.

"Our household was very liberal and intellectual. We were encouraged to explore and discover," Shasta said. "I enjoyed Sunday School, but any religious education was pretty subliminal."

Nevertheless, she was raised to live by the Golden Rule, in a very serious sense. "Nothing was valued greater than personal integrity and ethics."

From the age of 12 until her thirties, she didn't attend any church. Then she and her young children all attended a UU church.

"I think because my folks were so insistent that we do our own digging for answers and finding our own truths on all subjects, conventional school and church were difficult for me as they generally suppress independent thought, questioning and creativity," she explained. "UU was the exception, and I love that it encourages and celebrates individuality and an expanded view without judgment."

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PUUF ACTIVITIES

This Month's PUUF Member continued from page 5



Shasta has met several politicians and celebrities over the years, including Jimmy Carter. David Ogden Stiers (Major Charles Emerson Winchester III, MD, on the television series M*A*S*H, several Perry Mason shows, Disney movies, and The Dead Zone as Reverend Gene Purdy) was her babysitter for a short time!

Shasta with Jimmy Carter

Views of the Aurora Borealis and Comet

At PUUF's October 27 service, our in-house astronomer and board president Al Schober did a quick followup on his September 22 talk. He shared some of the recent pictures he took of the aurora borealis and the Tsuchinchan Atlas comet.

He mentioned that it is a very rare event to see the aurora borealis, a.k.a. northern lights, this far south in the United States - perhaps only once in a lifetime.

The comet wasn't as bright as hoped but there is another comet that might be visible in January. As they say about cats and comets: "They both have tails and you don't know what they will do next!"





PUUF Program Recap

Oct 6: Blessing of the Animals

Our first service in October was our annual Blessing of the Animals. It was also our first introduction to Granite Peak UUC's interim minister, Rev. Roger Fritts, who provided much of the service readings and blessings.

This year we blessed one miniature horse, one cat, and three dogs.

Morgan Cooper and Mark Mathewson provided the music.









PUUF Program Recap

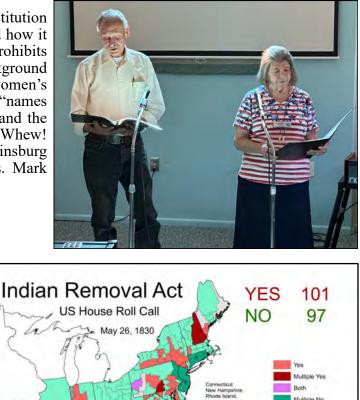
Oct. 13: Native American Spirituality



In a joint service at Granite Peak UUC. Rev. Roger Fritts spoke on some of the beliefs held by Native Americans, including respect for elders, how they are honored, and how people look forward to becoming an elder in the community. We are never alone within our families, community, ancestors, and the trees, mountains and spirits. Afterwards, Empty Bowls volunteers were celebrated with deserts and a raffle.

Oct. 20: The U.S. Constitution, Congress, and the Supreme Court

Glenna and Dale Hudson spoke on how the Constitution was designed for the white male population, and how it states limits rather than what it can do for us; it prohibits rather than promotes. He provided historical background on the suffragette movement, labor laws, women's reproductive rights, wiretapping, immigration ("names are changed, but the song remains the same"), and the removal of indigenous peoples off their land. Whew! Then he spoke about Justice Scalia and Justice Ginsburg holding opposite beliefs, but remaining friends. Mark Mathewson provided music.



Native Lan



PUUF PROGRAM RECAP

Oct. 27: Guest At Your Table

The UU Service Committee celebrates its 50th anniversary this year. We watched short videos from three communities/cultures who have been negatively affected by global warming. The Marshall Islanders, for instance, have dealt with climate change and nuclear history, making it difficult to maintain their culture. The Kiribati people could watch their country disappear under the ocean in the next 20-30 years.

The three video links, and their speakers are shown below.

PUUF will continue to accept donations to UUSC through December. Morgan Cooper and Mark Mathewson provided music. See more information about UUSC on page 4.



Rev. Manish Mishra-Marzetti -Discussion of Island Nation of Kiribati in Oceania



Suleyman Wellings-Longmore - Haitian Bridge Alliance



Konea Ishimura, Project Manager of Jo-Jikum: Marshall Islands

If you wish to view the videos used for this service, please use these links:

- Rev. Manish Mishra-Marzetti: <u>https://vimeo.com/1006987058</u>
- Suleyman Wellings-Longmore: https://vimeo.com/1004138269
- Konea Ishimura: <u>https://vimeo.com/1004139738</u>

