

Prescott Unitarian Universalist Fellowship 945 Rancho Vista Dr., Prescott, AZ 86303 928-778-6672

Sept 1 Sunday 11 am	"Better Together Conversations II." Using the Better Together Guidelines created by The Launch Pad, we will break into small groups, agree on a topic, and hold a civil discourse as we share out thoughts and learn more about each other. Bring a dish to share. PUUF will be grilling hamburgers and hotdogs. Coordinator: Sue Tone.	
Sept 8 Sunday 11 am-2pm	Empty Bowls - no PUUF Service. Visit the 27 th Annual Empty Bowls at the Prescott Courthouse Plaza (Yavapai County Courthouse Plaza).	
Sept 15 Sunday 11 am	"Pathway to Presence: Mindfulness and Nature." Zen Monk, Thich Nhat Hanh said, "The beauty of the earth is a bell of mindfulness." Lesley Schuler will share on deepening our mindfulness practice through the contemplation of nature as teacher. Music: Sue Daniel & Bev Worthman. Coordinator: Eunice Ricklefs.	
Sept 22 Sunday 11 am	Tsuchinchan Atlas, and other assorted debris of the solar system . Will this new comet become the "comet of the century?" Al Schober presents the outlook for this much anticipated new comet and a look at the rest of the solar system. Music: Meg Bohrman. Coordinator: Eunice Ricklefs.	
Sept 29 Sunday 11 am	Climate Justice Revival. Classic American tent revivals took people out of the four walls of the church and into the world bringing the community together and serving as a galvanizing force for the future. Our service by video from the UUA Climate Justice Team will inspire us and show us how Climate Justice dovetails with all the social justice actions needed to save our planet and our humanity. Come ready to sing-a-long and participate – not just view the video. Coordinator: Glenna Hudson.	

Programs are held at the Fellowship, except as noted.

Caring Network

If you have any needs, such as shopping, running errands, transportation needs, or other help, or if you just need to talk with someone, please call someone from the Caring Network.

Eunice Ricklefs at 928-771-9559

Marion Pack at 928-642-6788

PUUF Facilities Available

PUUF facilities are available for use for small gatherings. Refer to the <u>PUUF web site</u>, <u>https://puuf.net/facility-rentals</u> for rental information.

Board of Trustees meeting will be on September 22, 2024, after the service.

PUUF (go to) POINT PERSONS			
Archives/Library: Vacant	Membership: Glenna Hudson		
Building Maintenance: Dale Hudson	Music: Glenna Hudson		
Grounds Maintenance: Al Schober	Caring Committee: Vacant		
Programs: Eunice Ricklefs	Social Action: Vacant		
Facilities Schedule: Mark Mathewson	UUSC: Eunice Ricklefs		
Website: Mark Mathewson	PAWS/PASS: Eunice Ricklefs		
Coming Up @ PUUF/Newsletter: Mark Mathewson, Sue Tone	Hospitality: Debra Mathewson		

We have openings for "Point Person" positions if you are interested please contact a board member, thank you.



Board of Trustees

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Facilities Scheduling Mark Mathewson 509-429-8635

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Discover What Makes Us Unique Featuring this month's remarkable PUUF friend

This is a series of newsletter feature articles about PUUF friends and members so we can get to know each other on a deeper more expanded level – before we learn of all the interesting things we wished we knew about before reading the obituary.

Although this PUUF friend does not reside in Prescott, she is a frequent and welcome visitor to the fellowship. She grew up in Phoenix with a brother six years younger than she, and they both live in Scottsdale about a mile from one another.

She attended Unity Church with her father throughout her childhood and teenage years. "It was wonderful education of spirituality," she said. "Unity



teaches that Jesus is our elder brother and that we are all divine expressions of the one God. My father was my main spiritual teacher, recommending books such as Courses in Miracles and other metaphysical books."

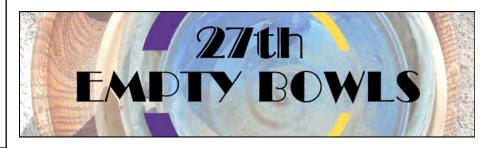
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27th Empty Bowls - Sept 8

The 27th Annual Empty Bowls event will take place at the Yavapai Courthouse Plaza in downtown Prescott on Sunday, Sept. 8 from 11 a.m. to 2 p.m.

Each ticket is \$20 and includes your choice of a handcrafted bowl

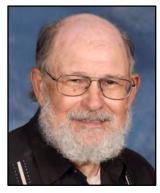
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PUUF ACTIVITIES

President's Letter



Hello, everybody. Well, it has finally cooled down a bit. We're in the 80's and low 90's! The garden has suffered because of the heat. Some produce is being harvested, but not as much as in other years.

The heat has not stopped us at PUUF from having some really interesting programs this summer, and they will continue into the fall season. A huge "thank you" goes out to Sue, Eunice, Jerry, and Glenna for their tireless pursuit of speakers and topics for the Sunday services. Please join up for the Sept. 1 program and POT LUCK. I will be grilling burgers and dogs.

ac Scholen

PUUF Donates Original Color Lithograph to Empty Bowls Art Raffle

PUUF donated one of its art pieces for this year's Empty Bowls Art Raffle. The description provided by Chris Hawthorne is:

Beautifully framed with an overall size of 25" x 21", New England Lighthouse by Tom Nicholas is an original color lithograph from 1977. It was actually the first of its kind ever issued by The Franklin Mint Gallery of Fine Art, and comes with a Certificate of Authenticity attached to the back of the piece. It is hand-signed and dated by the artist, and is a beautiful representation of the rugged New England coastline.



PUUF ACTIVITIES

This Month's PUUF Friend continued from page 3



Adrienne and her husband Alex

Adrienne Bridgewater said her husband, Alex Anderson, was raised in the Phoenix Unitarian Church, and so she was introduced to UU and to PUUF by her mother-in-law, Betsy Rominger.

"My favorite story of his involved a presentation to the Boy Scouts by Phoenix UU Minister Ray Manker. Following his talk, one Boy Scout asked, "But what about God?" to which Ray answered, "I don't let God get in the way of my religion."

Until recently Adrienne wasn't aware of the UU's Seven Principles, but she feels she has lived these Principles through mentorship with her father and her lifelong affiliation with Unity Church.

Some of Adrienne's favorite past-times include a love of reading – spiritual and metaphysical books, personal finance and romances – and playing the board/card game TOCK, which she plays with friends every Sunday evening.

She also enjoys riding a recumbent tricycle with her husband. "We ride with friends three days a week and travel to Kellogg, Idaho, every summer to ride with cycling friends from all over the U.S." she said. "We travel every summer to cycle the Grand Canyon, Bryce Canyon and Zion."



Playing the harp for a wedding at the Grand Canyon

Of course, PUUF members know Adrienne by her beautiful voice and exquisite harp playing. She is a board member of the Phoenix Chapter of the American Harp Society and serves as its treasurer. She actively promotes and supports the harp throughout Arizona.

Adrienne is the proud mother of two adult children, Max, 31, and Lily, 28. "My son Max has



Cycling in Red Canyon Utah near Bryce Canyon

epilepsy and is on the Autism Spectrum. He works part-time as a courtesy clerk at Fry's and lives with his father and me for support and guidance. My daughter Lily works for Vanguard, the largest financial institution in the world. In addition to assisting companies like Apple, Google, CVS and Amazon managing their employee retirement accounts, she is also part of a group of Vanguard employees that work to identify problems and work at streamlining their customer service."

PUUF ACTIVITIES

This Month's PUUF Friend continued from page 5

Adrienne revealed that she is a "dedicated thrifter," and her Prescott hostess and Granite Peaker, Lila Witt, is her favorite thrifting friend. PUUF members may not know this about Adrienne: "My great-great aunt was Sedona Schnebly, after whom the town was named, and my daughter's middle name is Sedona."

She expresses the hope for PUUF members and friends that they can attract more members. "Their speakers are excellent, members are warm and welcoming, and I wish more people could benefit from the Fellowship."

Thank you, Adrienne, for your participation in our fellowship over the past few decades, and for adding so much depth and resonance to our programs.



Hiking around Lynx Lake with June Ruth

Empty Bowls continued from page 3

created by local potters and wood turners, a choice of two gourmet soups from our participating local restaurants, locally made bread, and bottled water donated by Credit Union West.

In 2023, over \$20,000 was raised to support various area food banks.

Please attend to help Granite Peak UU Congregation and Prescott UU Fellowship raise money for the food banks.

From the Empty Bowls Steering Committee:

Thank You Prescott UU Fellowship!

Once again, the community at PUUF has stepped up in a big way to support the local food banks for our 27th Prescott Empty Bowls on Sunday, September 8. Over 80 people from PUUF and GPUUC are volunteering to help make the day a success, and many have given generously financially as well. We are so grateful to this amazing congregation!

The EB Steering Committee



PUUF Program Recap

Aug 4 - Why the World Doesn't End



Meg Bohrman played her ukulele and accordion while presenting the program **Why the World Doesn't End: a Mythopoetic Illustrated Musical** to a full house of members, friends and guests. Thatcher Bohrman, meanwhile, added his own magic by painting different images on a blank canvas during Meg's talk. She explained that since the beginning, people have been worried about the End Times, and asked, "What is the end? A beginning!"





PUUF PROGRAM RECAP

Aug 11 - Rabbi Nina Perlmutter

Rabbi Nina Perlmutter shared her thoughts on the rising anti-Semitism and the Israel-Gaza conflict.

She experienced acts of anti-Semitism while growing up in Florida where signs were commonly posted in businesses: "No Coloreds, No Jews, No Dogs." In New Jersey, her school had two Jewish students – her and the Rabbi's son.

In college, her suitemate, in all seriousness – and ignorance – asked to see her horns. Synagogues in Flagstaff and Prescott have received bomb threats. She suggests people take a non-binary ("them vs. us") position on the current situation in Israel and Gaza, and learn more about the history in that area prior to the events of Oct. 7. Adrienne Bridgewater played a selection of related songs on her harp.







Rabbi Nina speaking at Prescott Library



PUUF PROGRAM RECAP

Aug 18 - Human Interconnectedness



Jonathan Best, now known as Enjolis Sidai Pii, which in Maasai means Hedgehog Completely Good, spoke and provided music for his discussion on his idea of having a Connection Co-op. He started with a guided musical meditation. He discussed his desire to help people find connections and thinks that art is a very important way to do that. People express joy and pain in art and others sharing the art creates connection. Jonathan and audience members discussed forms of art that can create connection,

including some things not ordinarily thought of as art, i.e. accounting, massage, and sports, in addition to the usual things like music, dance, cooking, woodturning, etc.





Aug 25 - This Ain't Roy Rogers' Cowboys

Robert Shegog shared 12 Things to Always Remember, then gave us a brief look at the historical role Blacks played in opening up the West in his program This Ain't Roy Rogers' Cowboys. One

12 Things to Always Remember

- The past cannot be changed
- Opinions don't define your reality
- Things get better with time
- Judgements are confessions of character
- Overthinking will lead to sadness

12 Things to Always Remember

- Happiness is found within
- Positive thoughts create positive change
- Smiles are contagious
- Kindness is free 10)
- You only fail if you quit 11)
- What goes around comes around

Soldier, famous Buffalo Henry Flipper, was the first Black person to graduate from West Point. Former Buffalo Soldiers became some of the first national park rangers. Bass Reeves was born into slavery, became the first Black deputy U.S. Marshal, and served as the inspiration for the TV series The Lone



Ranger. The first woman to serve in the U.S. Army was Cathay Williams who passed as a male soldier, William Cathay, and whose identity was discovered after being hospitalized for small pox. Robert described other famous Black people who are not included in many history books even today.