



**Prescott Unitarian Universalist Fellowship**  
**945 Rancho Vista Dr., Prescott, AZ 86303**  
**928-778-6672**

<p><b>Jan 7</b> Sunday 11 am</p>	<p><b>Valuing Questions: An Ancient Jewish Tradition</b></p> <p>Jewish tradition values questioning and “wrestling” with important issues &amp; each other. Questioning – and how – is as helpful as answers. Speaker: Tom Perlmutter. Music: Morgan Cooper. Coordinator: Glenna Hudson.</p> <p style="background-color: yellow; border: 2px solid red; padding: 5px; display: inline-block;"><b>Canceled Due To Snow</b></p>
<p><b>Jan 14</b> Sunday 11 am</p>	<p><b>I Have a Dream</b></p> <p>The "I Have a Dream" speech was delivered by American civil rights activist the Rev. Martin Luther King Jr. during the March on Washington Aug. 28, 1963. In the speech, he called for civil and economic rights and an end to racism in the United States. Has anything changed in the last 60 years? Music: Morgan Cooper. Coordinator: Eunice Ricklefs.</p>
<p><b>Jan 21</b> Sunday 11 am</p>	<p><b>Dr. Will Fisher</b>, a practicing Quaker, will speak on the history, the people, and the beliefs of the <b>Religious Society of Friends</b>. Music: Maria and Henry Flurry. Coordinator: Sue Tone.</p>
<p><b>Jan 28</b> Sunday 11 am</p>	<p><b>Joy, Grief and the Living: How to Dance when the World is Ending</b></p> <p>Suffering, Nihilism, Despair. Many of us find ourselves drowning in these emotions as we witness the destruction ravaging the world around us. For some this moment on our planet feels completely hopeless with no way out. What would happen if we choose to meet these end times not with despair but with deeply embodied grief and joy? What would happen if we greet the Earth with the sacred movement of our living bodies? Speaker: Anna Flurry. Music: Womansong. Coordinator: Glenna Hudson.</p>

## Caring Network

If you have any needs, such as shopping, running errands, transportation needs, or other help, or if you just need to talk with someone, please call someone from the Caring Network.

Eunice Ricklefs at 928-771-9559

Marion Pack at 928-642-6788

## PUUF Facilities Available

PUUF facilities are available for use for small gatherings. Refer to the [PUUF web site](#) for rental information.

**Board of Trustees meeting** will be on January 14, 2023, after the Sunday Service.

### PUUF (go to) POINT PERSONS

<b>Archives/Library:</b> <i>Vacant</i>	<b>Membership:</b> Glenna Hudson
<b>Building Maintenance:</b> Dale Hudson	<b>Music:</b> Glenna Hudson
<b>Grounds Maintenance:</b> Al Schober	<b>Caring Committee:</b> <i>Vacant</i>
<b>Programs:</b> Eunice Ricklefs	<b>Social Action:</b> <i>Vacant</i>
<b>Facilities Schedule:</b> Mark Mathewson	<b>UUSC:</b> Eunice Ricklefs
<b>Website:</b> Mark Mathewson	<b>PAWS/PASS:</b> Eunice Ricklefs
<b>Coming Up @ PUUF:</b> Mark Mathewson	<b>Newsletter:</b> Sue Tone
<b>Hospitality:</b> Debra Mathewson	

**We have openings for “Point Person” positions if you are interested please contact a board member, thank you.**

# PUUF NEWS

January 2024



## Board of Trustees

### President

Al Schober  
928-925-1938

### Vice President

Sue Tone  
928-642-7867

### Treasurer

Mark Mathewson  
509-429-8635

### Secretary

Debra Mathewson  
509-429-6421

### Trustee

Jerry Matiatos  
928-237-8033



### PUUF Office

928-778-6672

### Administration

Mark Mathewson  
509-429-8635

### Coming Up at PUUF

Mark Mathewson  
509-429-8635

### Newsletter

Sue Tone  
928-445-3162

### Facilities Scheduling

Mark Mathewson  
509-429-8635

Jerry Matiatos  
928-237-8033

### Lay Ministers

Glenna Hudson  
928-636-4877

Jerry Matiatos  
928-237-8033

## Dale and Glenna Hudson – 2023 Recipients of the Ron Ricklefs Service Award



Dale and Glenna Hudson receive the Ron Ricklefs Service Award for 2023 from PUUF Vice President Sue Tone and Board Member Jerry Matiatos during the Dec. 10, 2023 Annual Congregation Meeting.

Thirty-five years ago Glenna Hudson signed on as a member of the Prescott Unitarian Universalist Fellowship and became an involved, enthusiastic, and irreplaceable participant. Early on she was engaged in the children's program, and especially anything involving music.

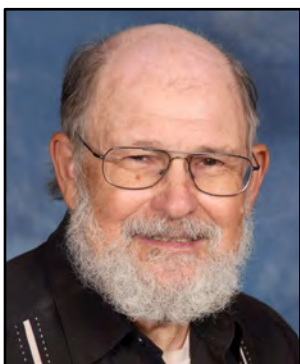
Glenna serves on the program committee and as coordinator of Sunday services at least once – more often twice – a month. Her refreshment offerings after services always begin a welcoming time at the fellowship.

Glenna's husband Dale has joined her in service to PUUF and its activities even before the March 14, 1987, signature date. Together they have been instrumental in the annual Empty Bowls event. Dale provides

*Continued on page 4...*

# PUUF ACTIVITIES

## President's Letter



Hello everyone from myself and the PUUF Board of Directors. We wish for you a HAPPY NEW YEAR and a prosperous 2024.

Wow – 2024! That's unreal to me. Why, I remember back in – well, never mind, it was a while ago.

We have had a mild winter so far, but as I write this, we are expecting the first real winter storm with rain and a good chance of snow. Please check PUUF's website if you have any question as to whether we are holding service on any particular Sunday due to weather conditions.

Remember, spring cannot be too far away with flowers and warmer weather. So stay warm and safe these winter months, and I hope to see you at Sunday services.

*Al Schober*

## Dale and Glenna Hudson...continued from page 3,

electronic and electrical work and maintenance for the building. At one point, he crawled under the building in order to wire the floor outlet in the center of the sanctuary.

Dale serves as our primary audio technician for each Sunday Service, and doubles as an excellent chalice lighter with numerous fire starting materials up his sleeve – or in his pocket.

The Hudsons received two tickets for any upcoming Yavapai Symphony performance in the 2023-2024 season.



## PUUF Positions Remain Unchanged After Election

PUUF members elected by unanimous vote to retain the same board trustees up for re-election this year: Mark Mathewson and Sue Tone. Also re-elected were Debra Mathewson (Nominating Committee) and Eunice Ricklefs (Audit Committee). The Board decides the officer positions at its next meeting Jan. 14.



Al Schober



Sue Tone



Debra Mathewson



Mark Mathewson



Jerry Matiatos

2024 PUUF Board of Trustees

# PUUF ACTIVITIES

## Interludes: End of Life Choices

Despite its inevitability, death is a topic that is not often discussed. End-of-life medical and care options range from doing nothing – i.e., letting nature take its course – to proactive options such as palliative care and/or advanced directives.

One option available to more than 70 million Americans – but NOT in Arizona – is Medical Aid in Dying (MAID). This discussion on end-of-life options includes MAID, and the efforts by Arizona End of Life Options (AZELO) to make MAID an option for Arizonans.

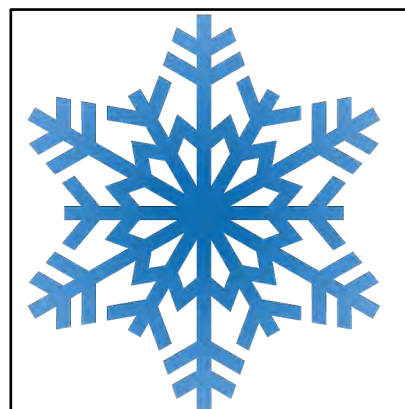
The free presentation takes place from 10 a.m. to 11 a.m. Friday, Jan. 12, 2024, at Yavapai College in Building 30A, Room 126. Depending on number of registrants, the location is subject to change.

Call to register with OLLI at 928-717-7634. To learn more about AZELO, visit [azendoflifeoptions.org](https://azendoflifeoptions.org)

## Winter Weather at PUUF - Are We Open?

When winter weather conditions might be a challenge on Sunday mornings, please remember to check the PUUF website ([puuf.net](https://puuf.net)) for the latest update on whether or not services will be held.

**REMINDER:** PUUF does not perform snow removal in the parking lot. We do try to keep the deck and stairs clean, but they can be icy.



## Piano Club - this Saturday



Morgan Cooper of Morgans’s Magick will host the first Piano Club from 11 a.m. to 1 p.m. Saturday Jan. 6 at PUUF. It will feature an “open mic” session where anyone with any skill level on the piano can play for fellow piano players using PUUF’s grand piano. Morgan intends this to be a monthly event occurring on the first Saturday of each month.

# PUUF ACTIVITIES

## Marlee and Edward Return for a Visit

It was so good to see Marlee Terry and Edward Hamilton on Dec. 17 when they joined us for the Sunday service. They spent time in Arizona with friends and family before returning to their home in Michigan.



## Seventh-day Adventists' Letter of Thanks

We received this letter from Eunsook Jasper, Prescott Seventh-day Adventists Community Service Director thanking PUUF.

*Dear Prescott Unitarian Universalist Fellowship,*

*My name is EunSook Jasper, the Prescott SDA community service director.*

*We were one of the recipients of Empty Bowls funds in 2021 and 2022. Our Food Bank is presently serving about 700-900 families monthly. And we get our food mainly from St. Mary's. And we get bread from a local distributor and from Wildflower restaurant. We distribute their food weekly.*

*One of the services we provide is Thanksgiving boxes full of Thanksgiving meal items (turkey or vegetarian meat loaf, corn, green beans, cranberry, stuffing, pie filling, potatoes, carrots, greens... etc.)*

*We ask our church members to donate turkeys and goodies, and what we gather, we distribute. However, our monthly distribution number has skyrocketed and I wasn't sure how we would cover all the expenses.*

*What a surprise to receive the gift of \$2,400 from Empty Bowls! That filled the gap in our budget. We were able to give out 154 turkeys and vegetarian loaves. We were able to provide every one of our guests who were present either one turkey or dinner roast plus a cart full of groceries to round out the meal.*

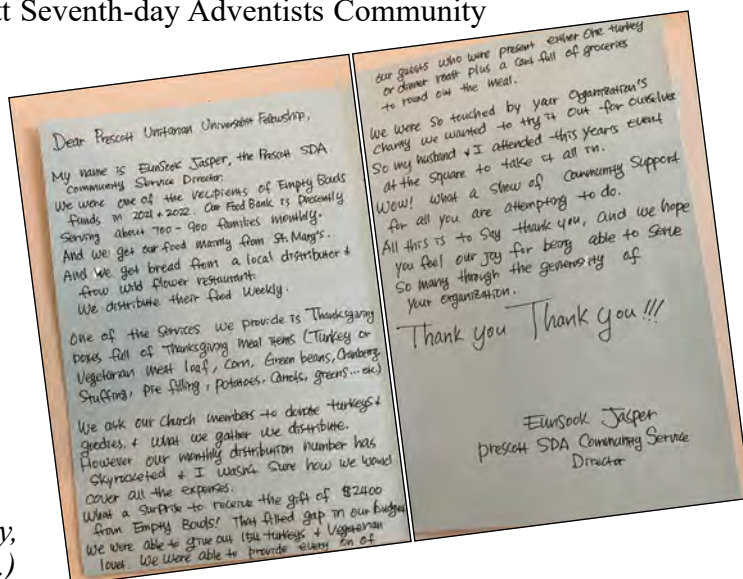
*We were so touched by your organization's charity we wanted to try it out for ourselves. So my husband and I attended this year's event at the Square to take it all in. Wow! What a show of community support for all you are attempting to do.*

*All this is to say thank you, and we hope you feel our joy for being able to serve so many through the generosity of your organization.*

*Thank you. Thank you!!!*

*EunSook Jasper*

*Prescott SDA Community Service Director*



# PUUF ACTIVITIES

## CoffeeHouse Concert: *Meg Bohrman*

Coffeehouse Concerts showcases local and regional talent with an emphasis on original music. The series features a variety of acoustic, contemporary, and traditional styles of music. Presented with funding from the Friends of the Prescott Public Library.

Sunday, Jan. 14, 2024

2 - 3:30 p.m.

Prescott Public Library Founders Suite.

For this month's Coffeehouse Concert, enjoy the music of folksy singer/songwriter Meg Bohrman. Bohrman is a music therapist and spends her time channeling the healing power of music and storytelling in order to assist people across life's thresholds of Birth, Death, and Recovery. Bohrman plays, writes, and teaches music at schools and privately, and is dedicated to human connection, soul exploration, and creating spontaneous community.



# PUUF PROGRAM RECAP

## December 3: Rabbi Nina Perlmutter

Rabbi Nina Perlmutter spoke on Polarization: What Might We Do Differently to Move to Better Times? We all may have heard or felt: "I don't trust people on the other side." "My point of view is unwelcome." "I don't feel comfortable talking about it."

This form of bi-modal thinking is fed by anger, fear, and closed-mindedness, which leads to a lack of connection and a resistance to collaboration and compromise.

Rabbi Nina's suggestion is to slow down, reflect on what leads one to not listen to the other side, activate humility (maybe I can learn something from someone I don't agree with), and to have courage to engage one-on-one and promote discussion. Notice the good things in your life 100 times a day, she said. Noticing the good doesn't ignore the bad, she added.



# PUUF PROGRAM RECAP

## December 10: Annual Congregation Meeting



The annual Congregation Meeting and presentation of the 2023 Ron Ricklefs Service Award took place in the first half of the service followed by some levity with jokes, lunch, and background holiday music by Mark Mathewson.



PUUF Treasurer Mark Mathewson provided members and friends with a year-end overview of building, grounds, and financial and budget summaries during the Dec. 10,

2023, Congregation Meeting. Sue and Jerry presented Dale and Glenna Hudson with the 2023 Ron Ricklefs Service Award.

Following the Congregation Meeting, we enjoyed telling jokes and stories with music provided by Sue Tone, Morgan Cooper, and Mark Mathewson, until it was time for lunch and fellowship.



Mark presenting



Mark telling jokes



Sue, Morgan, and Mark on music



Debra voting

## December 17: Winter Solstice

We celebrated the Winter Solstice with traditions, chanting and drumming. Karen Hagberg, Sukey Jones and Bronwyn Butterfield began by lighting the way out of darkness with candles honoring the five directions.

Solstice comes from the Latin word solstitium with sol = sun, and stitium = stand still or stop. The sun is welcomed back on the winter solstice with bonfires, menorahs, electric lights decorating our homes, and the light we feel within ourselves. Ancient people also paid homage this time of year with the construction of places of worship worldwide that pinpoint the passage of the sun during the winter and summer solstices.





# PUUF PROGRAM RECAP

## December 24: Christmas with the Agostinos

Christa and Tom Agostino brought their stories, poetry and music to help mark Christmas Eve. They sang their own rendition of the traditional carol “Noel” with “Oh, Well” and “Oy Vey” – “peace for the New Year come what may.”



Christa shared her poem “Mr. Bear’s Christmas” and original song “Ode to Four Birds Calling.” Tom told the story of his own Christmas miracle one year escaping border agents and the FBI in order to celebrate the holiday with his family.



## December 31: Auld Lange Syne

*Auld Lang Syne*, explained Eunice Ricklefs, is a Scottish saying that translates to “Old Long Since” or the remembering of the good old times. We were a small group on this Sunday, but that didn’t stop us from sharing our good old times from this past year and even longer ago.

Andy told about his welcoming experience as a newly arrived student invited by his professor to share the holidays. Eunice said her recent surgery allowed her time with her children as they each spent two weeks caring for her and Ron during her recuperation. They spent time reminiscing and looking through old photos. Sue taught us a trick to starting the New Year out on the “right foot.”

