




Prescott Unitarian Universalist Fellowship
945 Rancho Vista Dr., Prescott, AZ 86303
928-778-6672

<p>Sept 3 Sunday 11 am</p>	<p>"Imagine What It's Like - A Personal Story of Self Affirmation and Triumph from a Child Born Different." Canadian Taya James looks back at the challenges she faced navigating childhood with cerebral palsy and epilepsy in an animated musical video created by Meg and Thatcher Bohrman who will share the process of collaborating with Taya and creating this inspiring program. Coordinator: Sue Tone</p>
<p>Sept 10 Sunday 11 am</p>	<p>"Respecting our Earth and its Resources—Specifically Water" Using material from UU Ministry for Earth and our local CWAG organization we will look at water both locally and globally. Music: Mark Mathewson. Coordinator: Glenna Hudson</p>
<p>Sept 17 NO SERVICE TODAY</p>	<p>Empty Bowls – Come join us at the Yavapai County Courthouse Plaza from 11 am - 2 pm.</p> 
<p>Sept 24 Sunday 11 am</p>	<p>"Wildflowers I have known." Al Schober gives us a look at the different kinds of wildflowers that grow in the high desert area of Arizona along with poetry from Grace Deer and music by Meg Bohrman. Coordinator: Eunice Ricklefs</p>

Programs are held in-person at the Fellowship unless otherwise stated.

Caring Network

If you have any needs, such as shopping, running errands, transportation needs, or other help, or if you just need to talk with someone, please call someone from the Caring Network.

Eunice Ricklefs at 928-771-9559

Jean Owen at 928-778-3784

Marion Pack at 928-642-6788

Bev Worthman at 928-710-3425

PUUF Facilities Available

PUUF facilities are available for use for small gatherings. Refer to the PUUF web site for rental information.

Board of Trustees meeting will be on September 4, 2023, at 11 am via Zoom. Contact any board member for zoom link.

PUUF (go to) POINT PERSONS

Archives/Library: <i>Vacant</i>	Membership: Glenna Hudson
Building Maintenance: Dale Hudson	Music: Glenna Hudson
Grounds Maintenance: Al Schober	Caring Committee: <i>Vacant</i>
Programs: Eunice Ricklefs	Social Action: <i>Vacant</i>
Facilities Schedule: Mark Mathewson	UUSC: Eunice Ricklefs
Website: Mark Mathewson	PAWS/PASS: Eunice Ricklefs
Coming Up @ PUUF: Mark Mathewson	Newsletter: Sue Tone
Hospitality: Debra Mathewson	

We have openings for “Point Person” positions if you are interested please contact a board member, thank you.

PUUF NEWS

September 2023



Board of Trustees

President

Al Schober
928-925-1938

Vice President

Sue Tone
928-642-7867

Treasurer

Mark Mathewson
509-429-8635

Secretary

Debra Mathewson
509-429-6421

Trustee

Jerry Matiatos
928-237-8033



PUUF Office

928-778-6672

Administration

Mark Mathewson
509-429-8635

Coming Up at PUUF

Mark Mathewson
509-429-8635

Newsletter

Sue Tone
928-445-3162

Facilities Scheduling

Mark Mathewson
509-429-8635

Jerry Matiatos
928-237-8033

Lay Ministers

Glenna Hudson
928-636-4877

Jerry Matiatos
928-237-8033

The Harp: An Instrument For a Saint (according to Garrison Keillor)

Adrienne Bridgewater brought her Concert Grand Harp to PUUF on Aug. 27 for a program of history, music, and personal stories. She began by playing the most popular song of the 20th Century – *Over the Rainbow* – followed by what is thought the origins of the instrument: Upon returning from their quests, hunters would pluck the string on their bow and tell of their adventures. Eventually another string and then more and more were added to produce musical sounds.



Her own instrument was made in 1976 by a company that produces only 15 harps per year. The column is made of maple and finished in gold leaf, the sound board of spruce. Spruce is a hard wood, as it must be in order to resist the tension of the strings. It has seven pedals which can raise the note of a string by two half steps.

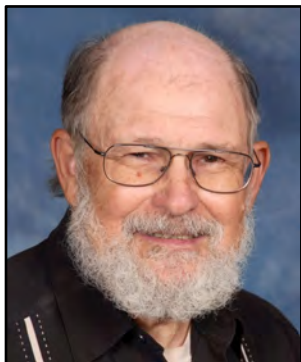
Adrienne replaces each of the 47 strings in her harp every two years. She doesn't want any malfunction to happen while performing at any of the many venues in which she plays. She told some funny (albeit not at the time) stories about weddings where she played the brides' specifically requested music for walking down the aisle, and the brides wouldn't budge until Adrienne did what she was told *not* to do - play the traditional Bridal March.



Adrienne returns in October and promises to bring some of her CDs for sale – lullabies, Christmas holiday music, and one of her selected favorite pieces. (To view a 50-second video of Adrienne playing *Stairway to Heaven*, [CLICK HERE.](#))

PUUF ACTIVITIES

President's Letter



Can you feel the change? Even though it's early September the change into fall has started. The days are a bit cooler and the rain that we have experienced has greened up the landscape. Here at PUUF, the garden is in full production with peppers, tomatoes and summer squash - all going to the local food banks. Remember the date – Sept. 17 – we have Empty Bowls on the courthouse plaza. Stop by and enjoy the event.

AC Schuber

Garden Update

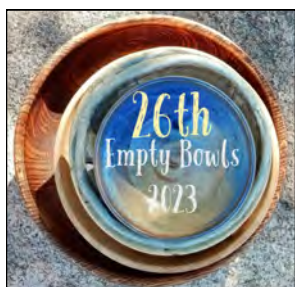
The PUUF Community Garden has flourished following last month's visit and noshing by a neighborhood deer. Here is a recent harvest that went to the Prescott Community Cupboard food bank. The garden has not been as prolific as past seasons, but every donation has been gratefully accepted by staff at local food banks.



Our PUUF Slow Stitch Result



On August 13, Jane Jones presented the PUUF members with the finished banner of small squares sewn by those who attended her May 21 program, "Finding Simple Peace with Busy Hands Using Slow Stitch Meditation."



No PUUF Service on Empty Bowls Day

PUUF will not be holding Sunday Service on Sept. 17. Please join us as volunteers or participants at the 26th Annual Empty Bowls event on the Yavapai County Courthouse plaza from 11 a.m. to 2 p.m. This is an annual fundraiser to fight hunger in Yavapai County. Spread the word to friends, family and neighbors.

More information is at <https://prescott-empty-bowls.square.site/>.

PUUF ACTIVITIES

ERAU Open House

PUUF (represented by Jerry Matiatos) and GPUUC (represented by Robert Shegog) were invited to attend an open house on Saturday, August 26 at Embry Riddle Aeronautical University. The open house was for students to become familiar with some of the religious options in Prescott.

In addition to the two UUs, there were Catholics, Baptists, Anglicans, Lutherans, Chi Alpha, LDS, Judaism, and United Church of Christ. It was noted that the only about four to six students went to every table whereas most went directly where they were interested.

The largest group of students stood in line to join Chi Alpha, a Christian Campus organization that was not affiliated with a particular local church, but rather is a national organization with on-campus chapters across the country.

When Jerry chatted with the various organization representatives, he found that a few actually grew in numbers during the pandemic. One Baptist congregation increased by 200 people—they lamented they could no longer have potlucks because they did not have enough space for all 700 congregants.

The Embry Riddle counseling department sponsored this event. One of the department's goals was to have LGBTQ+ welcoming congregations represented and we were encouraged to have our rainbow bookmarks on the table. After the event, we left many of our materials with the counseling department to hand out as appropriate to students. Along with bookmarks, one of the materials left was a coloring sheet which can be used as a tool to calm students. The counselors were very hospitable and appreciated our attendance. They hope we will return next year.



Jerry Matiatos and Robert Shegog at Embry Riddle Open House



PUUF ACTIVITIES

Upcoming September Events


Women of Courage performance by the Quad City Interfaith Choir, written by Rev. Patty Willis with music by Mary Lou Prince, takes place at 7 p.m. Tuesday, **Sept. 5, 2023**, at the Trinity Presbyterian Church, 630 Park Avenue, Prescott. This Prescott premiere features songs and stories inspired by 11 extraordinary women. Freewill offerings benefit the Prescott Area Shelter Services.

Performances of work by Patty Willis and Mary Lou Prince have been featured at the Edinburgh Festival Fringe, International Theater Festivals in Kanazawa, Kyoto and Tokyo Japan and New York City, The Parliament of World Religions, Women by Music Festival at Mississippi University for Women, Nadia Boulanger and her Students Festival at the University of Arizona, BBC Radio Scotland and NHK Television Japan.

For more information, please contact Mary Lou Prince at: musicdirectorgranitepeakuu@gmail.com.

WOMEN OF COURAGE

Prescott premiere of songs and storytelling
inspired by 11 extraordinary women



Eleanor Roosevelt with Helen Keller and aide Polly Thomson

Music by Mary Lou Prince Words by Patty Christena Willis
Performed by the Quad City Interfaith Choir, singers from faith traditions including Unitarian Universalist, Latter Day Saint, Jewish, Presbyterian and Congregational Church

Tuesday September 5, 2023 7:00 PM
Trinity Presbyterian Church 630 Park Avenue, Prescott, AZ, 86303

Freewill offerings will be donated to Prescott Area Shelter Services



Concert for Peace, sponsored by Prescott Indivisible and Prescott Peacebuilders, takes place at 1:30 p.m. Thursday, **Sept. 24, 2023**, at the Granite Creek Park Ramada. Performances at this concert to celebrate love, joy and peace are by Galactagogues, Womansong, MacDougal Street West, Morphus, Salt of the Earth, and Rita Cantu.

Donations welcomed.

Take One, Leave One

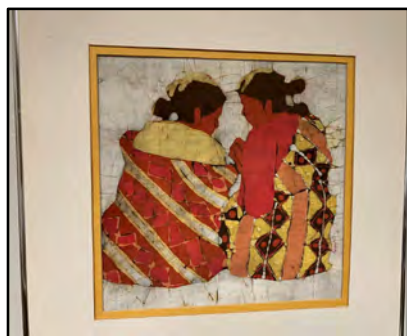
PUUF's mini-library with selected books are displayed in the foyer and available to readers. Many more are in the library. June Ruth did a great job of organizing and cataloging PUUF's collection. The library could use a volunteer for continuing her efforts. Please help yourself to any book that might interest you. Bring it back when finished or pass along to other readers.



PUUF ACTIVITIES

Fall In Love With a Piece of Artwork

During the month of September, PUUF will offer to members artwork that have been in storage. These include original works as well as prints and photographs. They will be on display each Sunday in the sanctuary beginning Sept. 3. Offers/donations will be recorded through the month. On the final Sunday, Sept. 24, the person with the highest offer can claim their artwork. Contact Sue Tone or Al Schober for more information.



PUUF PROGRAM RECAP

August 6

This program was a discussion of the part of our welcome statement that reads: “. . . whatever your interpretation or exploration of what may or may not exist beyond the world we perceive.” We had a lively and respectful discussion among the 10 or so individuals present. Everyone had a chance to speak. As one could surmise, we had a variety of thoughts on the topic.

They ranged from there is nothing beyond what we see around us, to being agnostic, yet comforted by the idea that there is more beyond the world around us because that means passed on loved ones may still exist in some form, to belief in reincarnation, and belief that there is something undefined beyond the world we perceive that connects all of us together. No one expressed a belief in a God as described in any of the mainstream religions. It was a worthwhile discussion that helped strengthen our beloved community.



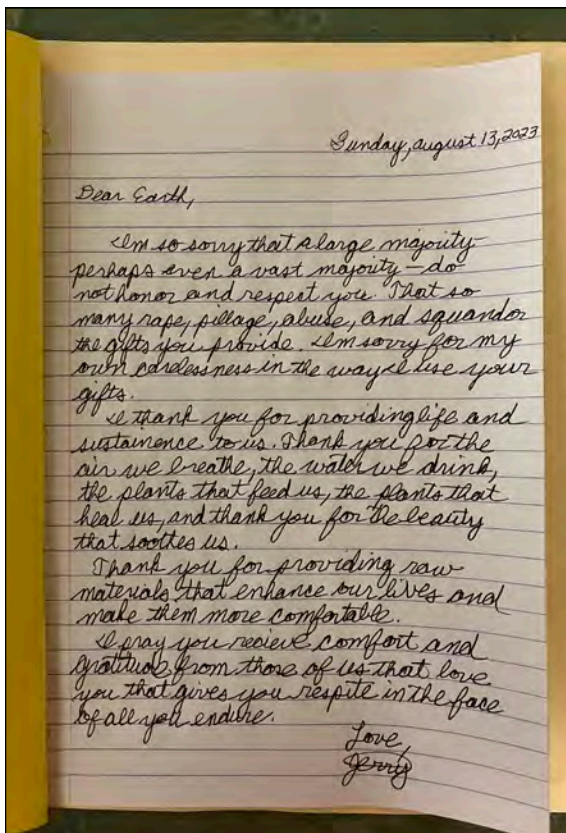
PUUF PROGRAM RECAP

August 13

Dale and Glenna Hudson coordinated the showing of the “Spiritual Practice and the Climate Crisis” video recording from the UUA General Assembly in June.

Following the video, Glenna handed out booklets titled *My Love Letter to Earth* for each member to write in and then share if they wished.

Upon request of the newsletter editor, Jerry has shared his “Love Letter to Earth” for all of us to ponder.



Sunday, August 13, 2023

Dear Earth,

I'm so sorry that a large majority – perhaps even a vast majority – do not honor and respect you. That so many rape, pillage, abuse, and squander the gifts you provide. I'm sorry for my own carelessness in the way I use your gifts.

I thank you for providing life and sustenance to us. Thank you for the air we breathe, the water we drink, the plants that feed us, the plants that heal us, and thank you for the beauty that soothes us.

Thank you for providing raw materials that enhance our lives and make them more comfortable.

I pray you receive comfort and gratitude from those of us that love you that gives you respite in the face of all you endure.

Love,

Jerry

Love Letter to Earth courtesy Jerry Matiatos

PUUF PROGRAM RECAP

Aug. 13 continued: In continuing with the climate theme, the Robertson Sisters performed original music including Monsoon Song with a rain stick instrument.



August 20

Impressed by the story of two musicians at the UUA General Assembly, Glenna brought the video recording **Reggie Harris** and **Greg Greenway** gave at the GA in June. **Deeper than the Skin** relates the connection these two men forged from different backgrounds and different races. Harris and Greenway will be traveling through Arizona in 2024, and perhaps GPUUC and PUUF can provide a welcoming venue for a live performance from these two storytellers.

August 27

Adrienne Bridgewater brought her Concert Grand Harp to PUUF on Aug. 27 for a program of history, music, and personal stories. Read more about her program on page 3 and [listen to Adrienne play *Stairway to Heaven*](#) on the PUUF web page.



PUUF TREATS

Gingerbread Recipe

Courtesy of Dale Hudson, his modified gingerbread recipe.

Dale and Glenna provided treats for our August 27 service. His gingerbread was a big hit and multiple requests for his recipe were made.

1/4 pound butter

1/3 cup brown sugar

1 egg, beaten

2 1/2 cups sifted flour

1 1/2 teaspoon baking soda

2 teaspoons ginger

2 teaspoons cinnamon

1 teaspoon ground cloves

1/4 teaspoon salt. (Note: I sometimes omit this. If you use salted butter it seems to make no difference in taste or texture.)

1 cup dark molasses

1 cup real maple syrup

1 cup boiling water

Cream butter and sugar together and add beaten egg. Sift together all dry ingredients. Combine molasses, maple syrup and water. Alternately mix dry and wet ingredients into creamed sugar. Beat after each addition, then beat until smooth. Line a 9 x 9 inch pan with waxed paper OR thoroughly grease sides and bottom of pan. Pour mixture into pan. Bake at 350 degrees for 45 minutes until toothpick comes out clean. Let cool for at least 5 minutes before turning out. Serve with ice cream, apple sauce, whipped topping or any other favorite. When I serve at home, or when things can be kept warm, I often make and serve with a warm lemon sauce (a soft gravy or dipping sauce type consistency) Have fun and adjust spices to your individual taste. Enjoy, Dale

